

Celebrating Over 80 Years of Service to the  
Community Since 1937

Wep Ren-Pet 6261

2021 Theme

"Recommitment to the Nguzo Saba"

Sunday, May 09, 2021

Hemet Mut ~ Divine Mother

Honoring

*Hemet Mut*

Divine Mother

SUNDAY, MAY 09, 2021 @ 10:30 A.M.

KRST Unity Center Welcomes  
Guest Speaker

Dr. Jamille Harrell-Sims

Activist, Researcher & Professor

"The Sacred Womb:  
Mothers As Goddesses"

KRST Unity's Sunday Empowerment Service is a  
virtual event. Watch us live via Zoom or Live Stream  
@ [www.krstunitycenter.org](http://www.krstunitycenter.org)



7825 S. Western Ave., Los Angeles, CA 90047  
323-759-75667



KRST Unity Center Ministerial Council

Rev. Richard Meri Ka Re Byrd

Rev. Erica Ni Maat Byrd

Abut SMST Neferet Sa.t-Beset

KRST Unity Center of Afrakan Spiritual Science

7825 South Western Avenue, LA, CA 90047

[www.krstunitycenter.org](http://www.krstunitycenter.org) / [krstunityoutreach@gmail.com](mailto:krstunityoutreach@gmail.com)

Office 323-759-7567

# **Spiritual Empowerment & Praise Service Order of Service — Begins At 10:30 a.m.**

## **Service Opens with Reflection and Meditation**

### **Welcome The Ancestors / KRST Unity Drummers / Libation**

#### **“Ancestors Spirit Come By Here”**

Ancestors Spirits, won't you come by here.

We need your presence near.

One mind one power making all things clear.

Ancestor Sprits, won't you come by here?

Somebody's praying Spirit, come by here .

Somebody's singing Spirit, come by here.

### **Welcome Visitors / Introduction of Ministers & Staff**

#### **Housekeeping / Explanation of Terms**

#### **Who We Are / What We Believe**

### **STATEMENT OF BEING**

#### **“Statement of Being”**

SPIRIT IS ALL; Both Invisible and Visible;

One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am ever one with Its Perfect Life, Perfect Love, And Perfect Substance.

### **MISSION & PURPOSE**

#### **“Mission and Purpose Statement”**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

### **THE KRST PRINCIPLE**

#### **“The KRST Principle”**

The Kemetic (Ancient Egyptian) Principle of the Christ The Transformative power of The All that is within each and every person and thing.

### **THE PRINCIPLES OF MAAT**

#### **“The Principles of MAAT”**

Truth, Justice, Righteousness, Propriety, Harmony, Order,  
Balance and Reciprocity

### **THE VIRTUES**

#### **“The Virtues”**

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For Any And All Initiation Process

Daily Word Message & Affirmation

A mother is like a kernel, crushed by problems but strong enough to overcome them.

Igbo

Nne di ka kernel, nke nsogbu na-etipia ma sie ike iji merie ya.

Swahili

Mama ni kama punje, iliyovunjika na shida lakini ina nguvu ya kutosha kuyashinda.

Spanish

Una madre es como un núcleo, aplastado por los problemas, pero lo suficientemente fuerte como para superarlos.

Yourba

Iya kan dabi ekuro kan, ti a fo nipase awon isoro sugbon o lagbara to lati bori won.

MDW

Transliteration: lw mut mi tebau, ama-t n uha iw tcham N tchara.u

Pronunciation: eeoo mut mee tebaroo amar te en oo-har eeoo dj-ah-arm en dejarra oo

Congregational Song

Announcements / Offering

Divine love through me, blesses and multiplies all that I am, all that I have, all that I give and all that I receive. I give freely and I receive abundantly.

Voices of Unity

Spotlight On History

Empowerment Message

Hemet Mut – Divine Mother

“The Sacred Womb:

Mothers As Goddesses”

Empowerment Message Presented by:

Dr. Jamille Harrell-Sims

Questions & Answers / Unity Circle/Welcome Guests/Call to Join

Benediction: Ankh, Udja, Snb /Life, Health, Strength

Closing

<p><b>I’m Going All The Way</b></p> <p>Whatever it takes to make it I'm going all the way. I may be down sometimes but I won't be down always.</p> <p>I had some problems, heartache and pain. Tryin to find the answers. I've been rackin my brain, but as I though about it began to come clear; To get myself together and go on from here. Whatever it takes to make it, I’m going all the way. I may be down sometimes but I won't be down always. Now I know better. It's time to move on; My determination is what keeps me strong. Oh, I believe in myself like never before;</p>	<p>Faith is the key to unlock the door.</p> <p>Whatever it takes to make it, I’m going all the way. I may be down sometimes but I won't be down always. (Repeat)</p> <p>Whatever it will take to help you live your goal don’t give up hope, I know you can cope. Just move on. Don’t ever stop. Just keep pressing on. Whatever it takes to make it, I’m going all the way. I may be down sometimes but I won't be down always.</p> <p>Don’t you give up. Don’t you give out. Don’t you give in. Hold on to your goal. (Repeat)</p> <p>I’m going all the way! (Repeat)</p>
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WEEKLY AFFIRMATION

Sunday, May 09, 2021

"I Am nurtured by the bosom of Divine Motherhood, therefore, I Am Healthy and whole and able to traverse all obstacles I may encounter in Life." Di-amen DeMer

KRST Unity Center of Afrakan Spiritual Science  
7825 S. Western Ave, LA, CA 90047—323-759-7567

**We Pray For**

Our members who may be sick, shut-in, or quarantining. We pray for those who are experiencing mental and emotional stresses, and those affected by the devastation of Covid 19. We pray for KRST Unity Center and its continuous growth and unfoldment, and for Revs. Meri Ka Ra & Ni Maat Byrd, Bro. Orville Cole, Emiel Maxwell, Brenda Taylor, Denise Curry, Nevia Campbell, Gwendolyn Campbell, Yvette Campbell, Lonnie Pope, Daniel Shelby, Berta Curry, Jason Smith, Jahlamb Sinclair, and we pray for our community that all of our Loving, and Committed Black Men, Women, and Children all over the world stay strong, courageous and positive.

**ANNOUNCEMENTS FOR SUNDAY, May 09, 2021**

Krst Unity Center honors and pays homage to the mothering and nurturing spirit in all of us. Have a wonderful day with ALL of your significant Mothers!

The rest of May is full of great classes and activities.

We will continue to focus on the Order of Maat in connection with the rest of the valences - Intuitive, Mental, and Social. We will also focus conversations on cosmology in connection with the Neteru, how Djehuty affects the intuitive faculties within us.

The KRST Unity Ministerial Council is working on creating a series of informal conversational meetings for KRST Members and Friends of KRST. Topics covered will include: Work and monies needed to get the Center back opened; Issues of Collective Works & Renovation; Recommitment To the Elevation and Upliftment of our Center; What will create Peace and Unity amongst us all. Stay connected for dates and times.

We are in day 43. How much work have you don on your 91 day Recommitment to uplifting spiritual empowerment of your mind, body and spirit? Whm Ms Tu is a time of commitment so keep working on your Journal. It helps you to gain personal insight, spiritual mastery and connection to the Nteru. We are Recommitment to upholding the spiritual teachings of KRST Unity Center, and building a strong congregation.

The Whm Ms Tu journal can be found by clicking this link.

[https://38ab6284-76ee-4ef4-b1d8-98659cd59147.filesusr.com/ugd/bc80dd\\_93dcef3d3a54480c864e311eda666805.pdf](https://38ab6284-76ee-4ef4-b1d8-98659cd59147.filesusr.com/ugd/bc80dd_93dcef3d3a54480c864e311eda666805.pdf)

The main themes Ptahhotep focuses on are silence, timing, **truthfulness**, relationships, and manners. The text helps to reconstruct the social **context** of the time by defining the cultural space in which the writings were influential. Today his “Maxims” can be found in the Teachings of Ptah Hotep a powerful “little book” even now, thousands of years later. Why wouldn’t you want a copy of this mastery manual? KRST Unity has them. The book is only \$18 which includes shipping. Send an email or call to place an order. All purchases are tax deductible.

The Institute of Afrakan Spiritual Science Glossary of Terms is located on the KRST Unity website on the current events page, next to the weekly bulletin. This specialized glossary provides an overview of basic ancient spiritual principles and terms that are regularly used on Sundays. If you don’t see a word that you have heard and want to better understand its meaning, please let one of the ministers or myself know and we will work to get its full meaning to you and update the glossary as well.

Production and Event Planning meetings take place every Tuesday at 4:30 p.m. and Saturday at 11:00 a.m. Anyone who has program suggestions or would like to actively participate in the Sunday Empowerment Services must attend one or both of these meetings.

Tuesday Cultural Events & Saturday Empowerment Production Meeting link:

<https://us02web.zoom.us/j/86902431434?pwd=VlJoK2dMYlRvUdExdDkvejlaSjJKZz09>

Meeting ID: 869 0243 1434 Passcode: 954980

Meditation and Reflection takes place daily at 6:00am. On the Zoom platform.

<https://us02web.zoom.us/j/84481550361?pwd=dmZ5Q0RabnlaK2NRZzdKbGluM2dGUT09>

Meeting ID: 844 8155 0361 Passcode: 537207

Baba Hannibal Ahmed continues the Sdji Uat (deep study) process with Ancient Kemet's Divine Mind: A Divine Light For The World To Know Thyself Focuses On The Ausarian Family Cosmic Drama Within Our Milky Way Galaxy and Introduction To Our Immortal Human Souls' Journeys In Our Milky Way Galaxy In-Person!!! This is a Master’s Course, so be prepared to roll up your sleeves and get work. The assignments and book list can be found on the KRST Unity website Home page.

<https://zoom.us/j/91578145924?pwd=WVRHUU9SU2sxMFA0OFRKUm5zcmdGdz09>

Meeting ID: 915 7814 5924 Passcode: 973515

Sunday Morning Book Study begins at 9am. They are now studying from Dr. Maulana Karenga’s book Maat The Moral Idea.

On the Zoom platform at

<https://us02web.zoom.us/j/266496427?pwd=QU0xR1RscnBhZVRSRXNUa1h0QmtDZz09>

Meeting Id 266 496 427 Passcode 335858

Friday Night Book Study begins at 7pm. They are currently studying from the UNESCO General history of Africa, II: Ancient civilizations of Africa. Enoch Hankerson, Scholar and creator of the Timeline Scrolls is the facilitator. On the Zoom platform at

<https://zoom.us/j/96098294519?pwd=YXlwK3R0em9mM1BvVzV6RTlsZld3dz09>

Meeting ID: 960 9829 4519 Passcode: 668043 Mobile +16699009128

All of our spiritual and historical teachings are setting the ground work for a series of classes that will be part of the KRST Unity Kemetic Institute courses outline. If you have course suggestions or are interested in facilitating a class or study group, please contact the Ministerial Staff.

KRST Community Law Study Group/Think Tank Tuesdays at 6pm. Call the Center for information. (On Hiatus)

Reminder! All classes have a suggested donation of \$10.00 General public; \$5.00 for Active KRST Members. You are receiving invaluable time, knowledge, and resources. Please support accordingly.

Do you need Covid testing with quick results? Are you planning on travelling and need a Covid test verification? PacGenomics can help. Sheila Martin works for this organization, and they are providing the community with comprehensive and easy access to testing. No appointment necessary and they can also come to you. See the flyer attached to this bulletin for more detailed information

FEMA is helping people before, during and after this disaster, and they are dedicated to helping ease some of the financial stress and burden caused by the virus. FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020. Follow this link for more details.

<https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance>

If you need assistance and just don’t know who to call, or where to go, please call The Center and we will do our best to assist you. If no one answers, please leave a detailed message and we will get back to you as quickly as possible.

WE THANK YOU For being a loyal supporter of KRST Unity Center; however your Center is in a financial crisis. If you want the Center to reopen we desperately need your support. We depend solely upon YOU!  
Please donate regularly, and generously and remember you can always sign up for continuous support.  
We accept all major credit and debit cards, CashApp, and PayPal for offerings and donations.  
Thank you for your financial support to this ministry.

**THINK UNLIMITED! BE UNLIMITED! THINK UNLIMITED**

The Leadership of KRST Unity Center reserves the right to direct all freewill offerings/gifts to the area of greatest need within the ministry. All offerings/gifts to KRST Unity Center are completely Tax Deductible.





**Dr. Peggy'e Martin, MD**  
COVID-19 Testing Specialist

Cell: 213-469-9542  
pamartinmd@hotmail.com

28222 Agoura Road #200  
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www.PacGenomics.com



125 N. Prairie Ave  
Inglewood, CA 90301

**COVID-19 TESTING & VACCINATIONS**

pamartinmd@hotmail.com/smetz@pacgenomics.com

## **NEED QUICK CONFIRMATION OF COVID-19 STATUS?**

- NEED TO CATCH A PLANE
- ENROLL IN SCHOOL
- ATTEND A BIG SOCIAL EVENT
- JOB REQUIRES PERIODIC TESTING

**We can book your group at your convenience**

**TEST RESULTS EMAILED TO YOU IN 24 HOURS**

**RUSH RESULTS AVAILABLE**

**\*\*\*We can test for variant strains\*\*\***

PRE-REGISTRATION ON-LINE TO TEST AT THE INGLEWOOD SITE AT  
[WWW.PACGENOMICS.COM](http://WWW.PACGENOMICS.COM) OR CALL FOR ASSISTANCE

DR. PEGGYE MARTIN AT (213)469-9542

SHEILA -sheilama13@hotmail.com OR STEPHEN AT (310) 383-7973

**Insurance, No Insurance Okay**

**Please bring California driver license, or California I.D.**

## **PAIN-FREE COVID-19 TESTING**

Please call (213) 469-9542 to arrange consultation for group event and testing at your location

**TAKE YOUR SHOT L.A./LONG BEACH/SAN DIEGO**

**Supporting Community-Based Organization to Increase Vaccination Coverage Across Different Racial and Ethnic Adult Populations Currently Experiencing Disparities**



### **Dr. Jamille Harrell-Sims**

Dr. Harrell-Sims is an activist, researcher and professor holding a PhD in Human Services, Family Studies and Intervention Strategies, a Master's and BA in Communication Studies, writes curriculum and trains agencies throughout California. Her dissertation, "Parental Knowledge of Domestic Minor Sex trafficking among African American Parents" is the first study in the world that explores parents, culture, ethnicity and sexual exploitation. Dr. Harrell-Sims is also well known for her culture and strength based educational, community-based programs, Cultural Competence and Trauma training. In 2010, Dr. Harrell-Sims was granted a distinguished Fulbright Fellowship to University of Dar es Salaam, in Tanzania, East Africa.

Dr. Sims community programs, partnerships and influence kept many at risk youth from the school to prison pipeline. She has trained numerous agencies and is in great demand for her Cultural Competence and Racial Bias training. She has 10 years' experience as a family law paralegal, specializing in family mediation and child custody cases. A tireless advocate for the disenfranchised, she uses research and lived experience to empower her students and clients.

**Email Me: [Jharrellsims15@gmail.com](mailto:Jharrellsims15@gmail.com)**