

Celebrating Over 80 Years of Service to the
Community Since 1937
Wep Ren-Pet 6261
2021 Theme

"Recommitment to the Nguzo Saba"

Sunday, April 11, 2021

Spiritual Purification Through Self Care



Empowerment Presentation By
Di-amen De-Mere

KRST Unity Center Ministerial Council
Rev. Richard Meri Ka Ra Byrd
Rev. Ni Maat Byrd

KRST Unity Center of Afrakan Spiritual Science
7825 South Western Avenue, LA, CA 90047
www.krstunitycenter.org / krstunityoutreach@gmail.com



Spiritual Empowerment & Praise Service Order of Service — Begins At 10:30 a.m.

Service Opens with Reflection and Meditation

Welcome The Ancestors / KRST Unity Drummers / Libation

“Ancestors Spirit Come By Here”

Ancestors Spirits, won't you come by here.

We need your presence near.

One mind one power making all things clear.

Ancestor Sprits, won't you come by here?

Somebody's praying Spirit, come by here .

Somebody's singing Spirit, come by here.

Welcome Visitors / Introduction of Ministers & Staff

Housekeeping / Explanation of Terms

Who We Are / What We Believe

STATEMENT OF BEING

“Statement of Being”

SPIRIT IS ALL; Both Invisible and Visible;

One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am ever one with Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

“Mission and Purpose Statement”

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

“The KRST Principle”

The Kemetic (Ancient Egyptian) Principle of the Christ The Transformative power of The All that is within each and every person and thing.

THE PRINCIPLES OF MAAT

“The Principles of MAAT”

Truth, Justice, Righteousness, Propriety, Harmony, Order,
Balance and Reciprocity

THE VIRTUES

“The Virtues”

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life.

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For Any And All Initiation Process

Daily Word Message & Affirmation

I release all to Ntr. My spirit is peaceful and free.

Igbo

Ana m ahapu Chukwu ihe nile. Mmụọ m dị jụụ ma nweere onwe m.

Swahili

Ninatoa yote kwa Mungu. Roho yangu ni ya amani na ya bure.

Spanish

Le entrego todo a Dios. Mi espíritu es pacífico y libre..

Yourba

Mo fi gbogbo re sile fun Olorun. Ẹmi mi jẹ alaafia ati ominira.

MDW

How we say it: Give I all to Ntchr. Spirit my peaceful free.

Transliteration: Ridi.eh Nbu n KA.eh Htpu

Pronounced: Redee eh enboo kah eh hetepu

Congregational Song

Announcements / Offering

Divine love through me, blesses and multiplies all that I am; all that I have all that I give and all that I receive. I give freely and I receive abundantly.

Voices of Unity

Spotlight On History

ASCAC

Assoc For The Study of Classic African Civilizations

Empowerment Message:

Spiritual Purification Through Self Care

Delivered By

Di-Amen De-Mere

Questions & Answers / Unity Circle/Welcome Guests/Call to Join
Benediction: Ankh, Udja, Snb /Life, Health, Strength

Closing

<p>I'm Going All The Way Whatever it takes to make it I'm going all the way. I may be down sometimes but I won't be down always. I had some problems, heartache and pain. Tryin to find the answers. I've been rackin my brain, but as I though about it began to come clear; To get myself together and go on from here. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. Now I know better. It's time to move on; My determination is what keeps me strong. Oh, I believe in myself like never before;</p>	<p>Faith is the key to unlock the door. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. (Repeat) Whatever it will take to help you live your goal don't give up hope, I know you can cope. Just move on. Don't ever stop. Just keep pressing on. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. Don't you give up. Don't you give out. Don't you give in. Hold on to your goal. (Repeat) I'm going all the way! (Repeat)</p>
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WEEKLY AFFIRMATION

Sunday, April 11, 2021

I Deserve To Be. I Want To Be. I Can Be. I Will Be. I Am.

KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047—323-759-7567

We Pray For

Our members who may be sick, shut-in, or quarantining. We pray for those who are experiencing mental and emotional stresses, and the thousands of people devastated by the effects of Covid 19. We pray for KRST Unity Center and its continued grow and unfoldment, and for Revs. Meri Ka Ra & Ni Maat Byrd, Emiel Maxwell, The Family of Rhea Lambey, The Family of Sis. Khepera Auset who lost his brother-in-law, Roosevelt Cannon, Sr. (Sweet Daddy), Michellene St. Louis, Alake Adewale, Lajuana White & family, Brenda Taylor, Denise Curry, Nevia Campbell, Gwendolyn Campbell, Yvette Campbell, Lonnie Pope, Daniel Shelby, Berta Curry, Jason Smith, Jahlamb Sinclair, and we pray for our community that all of our Loving, and Committed Black Men, Women, and Children all over the world stay strong, courageous and positive.

ANNOUNCEMENTS FOR SUNDAY, April 11, 2021

During the month of April, KRST Unity looks forward to welcoming
Rev. Ni Maat Byrd speaking on The Livingness of Maat: If Not Now, When? Sunday, April 18th
Abut Smst Sabeset will Whm Ms Tu Ready us for the next valence—Emotional Purification, Sunday, April 25th

We are in day 22 of our 91 day of our Whm Ms Tu Recommitment to uplifting spiritual empowerment process. You should be journaling and recording your spiritual thoughts to gain personal insight, spiritual mastery and connection to the Nteru. We are committed recommitment to upholding the spiritual teachings of KRST Unity Center, and building a strong congregation.
The Whm Ms Tu journal can be found by clicking this link.
https://38ab6284-76ee-4ef4-b1d8-98659cd59147.filesusr.com/ugd/bc80dd_93dccb3d3a54480c864e311eda666805.pdf

Sdji Uat (deep study) continues with Baba Hannibal Ahmed. Ancient Kemet's Divine Mind: A Divine Light For The World To Know Thyself Focuses On The Ausarian Family Cosmic Drama Within Our Milky Way Galaxy and Introduction To Our Immortal Human Souls' Journeys In Our Milky Way Galaxy In-Person!!! is a Master Class. Be prepared to roll up your sleeves and get into some serious work. Baba Hannibal’s spiritual teachings are setting the ground work for a series of classes that will be part of the KRST Unity Kemetic Institute courses outline. The assignments and book list can be found on the KRST Unity website Home page.
<https://zoom.us/j/91578145924?pwd=WVRHUU9SU2sxMFA0OFRKUm5zcmdGdz09>
Meeting ID: 915 7814 5924 Passcode: 973515

Production and Event Planning meetings take place every Tuesday at 4:30 p.m. and Saturday at 11:00 a.m. Anyone who has program suggestions or would like to actively participate in the Sunday Empowerment Services must attend one or both of these meetings.
Tuesday Cultural Events & Saturday Empowerment Production Meeting link:
<https://us02web.zoom.us/j/86902431434?pwd=VlJoK2dMYlRvUExdDkYejlaSjJKZz09>
Meeting ID: 869 0243 1434 Passcode: 954980

If you are a man of authority, Be patient when you are listening to the words of a petitioner. Do not dismiss him until he has completely unburdened himself Of what he had planned to say to you.
This is just one example of the Maxims taught by Ptah Hoetp. Today his “Maxims” can be found in the Teachings of Ptah Hotep a powerful “little book” even now, thousands of years later. Why wouldn’t you want a copy of this mastery manual? The book is only \$18 which includes shipping. Send an email or call to place an order. All purchases are tax deductible.

The Association for the Study of Classical African Civilizations continues its 37th Ancient Kemetic (Egyptian) Studies Conference which began virtually on April 9 through April 17,2021. Theme: The Classical African Worldview During Post-Pandemic Times: Leaving Footprints for the 21st Century and Eternity. The scholarship in this event is unbelievable. There are 8 days of lectures by world-renowned scholars, sages and teachers. Go to Eventbrite for details and to register.
<https://www.eventbrite.com/e/37th-ancient-kemetic-egyptian-studies-conference-april-9-april-172021-registration-146851489759>

FEMA is helping people before, during and after this disaster, and they are dedicated to helping ease some of the financial stress and burden caused by the virus. FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020. Follow this link for more details.
<https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance>

The Institute of Afrakan Spiritual Science Glossary of Terms is located on the KRST Unity website on the current events page, next to the weekly bulletin. This specialized glossary provides an overview of basic ancient spiritual principles and terms that are regularly used on Sundays. If you don’t see a word that you have heard and want to better understand its meaning, please let one of the ministers or myself know and we will work to get its full meaning to you and update the glossary as well.

Meditation and Reflection takes place daily at 6:00am. On the Zoom platform.
<https://us02web.zoom.us/j/84481550361?pwd=dmZ5Q0RabnlaK2NRZzdKbGluM2dGUT09>
Meeting ID: 844 8155 0361 Passcode: 537207

Sunday Morning Book Study begins at 9am. They are now studying from Dr. Maulana Karenga’s book Maat The Moral Idea.
On the Zoom platform at
<https://us02web.zoom.us/j/266496427?pwd=QU0xR1RscnBhZVRSRXNUa1h0QmtDZz09>
Meeting Id 266 496 427 Passcode 335858

Friday Night Book Study begins at 7pm on the Zoom platform at
<https://zoom.us/j/96098294519?pwd=YXlwK3R0em9mM1BvVzV6RTlsZld3dz09>
Meeting ID: 960 9829 4519 Passcode: 668043 Mobile +16699009128

KRST Community Law Study Group/Think Tank Tuesdays at 6pm. Call the Center for information. (On Hiatus)

Reminder! All classes have a suggested donation of \$10.00 General public; \$5.00 for Active KRST Members. You are receiving invaluable time, knowledge, and resources. Please support accordingly.

If you need assistance and just don’t know who to call, or where to go, please call The Center and we will do our best to assist you. If no one answers, please leave a detailed message and we will get back to you as quickly as possible.

WE THANK YOU For being a loyal supporter of KRST Unity Center. We depend solely upon YOU! Please donate regularly, and generously and remember you can always sign up for continuous support. We accept all major credit and debit cards, CashApp, and PayPal for offerings and donations. Thank you for your financial support to this ministry.

THINK UNLIMITED! BE UNLIMITED! THINK UNLIMITED
The Leadership of KRST Unity Center reserves the right to direct all freewill offerings/gifts to the area of greatest need within the ministry. All offerings/gifts to KRST Unity Center are completely Tax Deductible.

The African Pledge
We will remember the humanity, Glory and suffering of our ancestors and honor the struggle of our elders;
We will strive to bring new value, and new life to our people.
We will have peace and harmony among us; We will be loving, sharing, and creative We will work, study, listen, so we may learn; Learn so we may teach.
We will cultivate self-reliance; We will struggle to resurrect and unifyour homeland;
We will raise many children for our nation;
We will have discipline, patience, devotion and courage;
We will live as models, to provide new direction for our people;
We will be free and self-determining;
We are African people... We will win!!!!

Di-Amen De-Mere



Di-Amen De-Mere holds several degrees and certifications in the fields of Electronic Engineering, Anatomy & Physiology, Kinesiology, Exercise Science, Orthomolecular Nutrition, Nutritional Science, and certified by prestigious institutions such as; The American College of Sports Medicine (ACSM), American Council on Exercise (ACE), National Association of Sports Medicine (NASM), American Association of Nutritional Consultants (AANC), Precision Nutrition certified Coach, among other specialized certifications. Di-Amen also has a background in medical practices as a Nationally Registered Paramedic for the Houston Fire Department (2003-2006). He is the CEO and founder of Superior Image Fitness and Nutrition and Transpersonal Life Coaching and operates out of Long Beach California. Di-Amen is also an initiate, practitioner, and sought-after Spiritual Teacher of the Kemetic Spiritual Sciences where he demonstrates an in-depth knowledge of the ancient spiritual system developed by our ancient Ancestors of Kemet. He is the creator and Saba (Teacher) of The Meeting of the Masters, an annual course that takes its students through the annual cycle of the Spirit to attain Spiritual Ascension. Recently, Di-Amen has joined a team of Quantum Holistic Life Coaches at Soul Vision Healing Arts Center in Long Beach, CA.