

Celebrating Over 80 Years of Service to the  
Community Since 1937  
Wep Ren-Pet 6262  
2021 Theme

"Recommitment to the Nguzo Saba"

Sunday, December 05, 2021

"Love Ye One Another:  
Living In The Only Law of Life"



Empowerment Message Presented by:  
Vintage Rev. Richard Meri Ka Ra Byrd

KRST Unity Center Ministerial Council  
Rev. Richard Meri Ka Re Byrd      Rev. Erica Ni Maat Byrd  
Abut SMST Neferet Sa.t-Beset



KRST Unity Center of Afrakan Spiritual Science  
7825 South Western Avenue, LA, CA 90047  
[www.krstunitycenter.org](http://www.krstunitycenter.org) / [krstunityoutreach@gmail.com](mailto:krstunityoutreach@gmail.com)  
Office 323-759-7567



# **Spiritual Empowerment & Praise Service**

## **Order of Service — Begins At 10:30 a.m.**

### **Service Opens with Reflection and Meditation**

#### **Welcome The Ancestors / KRST Unity Drummers / Libation**

##### **“Ancestors Spirit Come By Here”**

Ancestors Spirits, won't you come by here.

We need your presence near.

One mind one power making all things clear.

Ancestor Sprits, won't you come by here?

Somebody's praying Spirit, come by here .

Somebody's singing Spirit, come by here.

#### **Welcome Visitors / Introduction of Ministers & Staff**

##### **Housekeeping / Explanation of Terms**

##### **Who We Are / What We Believe**

### **STATEMENT OF BEING**

#### **“Statement of Being”**

SPIRIT IS ALL; Both Invisible and Visible;

One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am ever one with Its Perfect Life, Perfect Love, And Perfect Substance.

### **MISSION & PURPOSE**

#### **“Mission and Purpose Statement”**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

### **THE KRST PRINCIPLE**

#### **“The KRST Principle”**

The Kemetic (Ancient Egyptian) Principle of the Christ The Transformative power of The All that is within each and every person and thing.

### **THE PRINCIPLES OF MAAT**

#### **“The Principles of MAAT”**

Truth, Justice, Righteousness, Propriety, Harmony, Order,  
Balance and Reciprocity

### **THE VIRTUES**

#### **“The Virtues”**

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For Any And All Initiation Processes

Daily Word Message & Affirmation

I give peace.  
Igbo  
Ana m enye udo.  
Swahili  
Ninakupa amani.  
Spanish  
Doy paz.  
Yourba  
Mo fun ni alaafia.  
MDW  
Translation: Iw rdi Htp.  
Pronounced: Eh-oo re dee Htp.

Congregational Song  
I'm Going All The Way

Announcements / Offering

Divine love through me, blesses and multiplies all that I am, all that I have, all that I give and all that I receive. I give freely and I receive abundantly.

MDW Minute

Empowerment Message

“Love Ye One Another: Living In The Only Law of Life”

Empowerment Message Presented by:  
Vintage Rev. Richard Meri Ka Ra Byrd Lecture

Questions & Answers / Unity Circle/Welcome Guests/Call to Join

Benediction: Ankh, Udja, Snb /Life, Health, Strength

Closing

<p><b>I'm Going All The Way</b> Whatever it takes to make it I'm going all the way. I may be down sometimes but I won't be down always. I had some problems, heartache and pain. Tryin' to find the answers. I've been rackin' my brain, but as I thought about it began to come clear; To get myself together and go on from here. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. Now I know better. It's time to move on; My determination is what keeps me strong. Oh, I believe in myself like never before;</p>	<p>Faith is the key to unlock the door. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. (Repeat) Whatever it will take to help you live your goal don't give up hope, I know you can cope. Just move on. Don't ever stop. Just keep pressing on. Whatever it takes to make it, I'm going all the way. I may be down sometimes but I won't be down always. Don't you give up. Don't you give out. Don't you give in. Hold on to your goal. (Repeat) I'm going all the way! (Repeat)</p>
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WEEKLY AFFIRMATION

Sunday, December 05, 2021

I am the one that I have been waiting for.  
Ashé

KRST Unity Center of Afrakan Spiritual Science 7825 S. Western Ave, LA, CA 90047  
323-759-7567

**We Pray For** Our members who may be sick, shut-in, or continuing to quarantine. We pray for anyone experiencing mental and emotional stresses due to the effects and devastation of the pandemic and we send blessings of love, light and divine energy to the friends and family of KRST Unity Center. We send Divine healing energy to Revs. Meri Ka Ra & Ni Maat Byrd, Mamma Mason Sanders Byrd, Justin Burks, Vicki Moore who needs a kidney transplant, Carolyn McCollum, Meri Abena, Yvette Campbell, Olusegun Adewale, Brenda Taylor, Daniel Shelby, Berta Curry, Jason and Gertrude Smith, and Jahlamb Sinclair. Let them find healing, strength and light all. And we pray for the men and women trapped within the prison industrial complex system, and that our Loving, and Committed Black Men, Women, and Children all over the world stay strong, courageous and positive.

**Announcements for December 05, 2021**

We encourage you to check the KRST Unity website for scheduled dates and times of classes, workshops and other activities. [www.krstunitycenter.org](http://www.krstunitycenter.org)

The month of December will be filled with dynamic Empowerment sessions, activities, guest speakers and special presentations focusing on the Nguzo Saba and the principles of Kwanzaa, all of which will culminate with our annual Kwanzaa program on Thursday, December 30th,

The Assoc. For The Study of Classical African Civilizations (ASCAC), Western Region Conference was a wonderful example of brick making and building for eternity through Revealing Our History During an Age of Suppression and Denial of the African Past: Bringing The Bricks Necessary to Build for Eternity. The Flagg family and children gave a phenomenal presentation. A message from Dr. Greg Khimathi Carr, a moving tribute to Runoko Rashidi, Abut Smst’s lessons on the Divine language of MDW Ntr, other fun African language presentations and a dynamic keynote by Dr. Oba T. Shaka were just a few of the powerful presentations attendees were treated to. We most certainly look forward to the next event. Thank you ASCAC!

Participate in supporting KRST Unity through Giving Tuesday every Tuesday of this month. Help our Center thrive. This support for the Center goes above and beyond your regular and continuous support. Give as part of the global generosity movement that unleashes the power of radical generosity around the world. Give in support of Unity, Community, Family and Purpose. Go to [www.krstunitycenter.org](http://www.krstunitycenter.org) for ways to donate.

Pickup your gourmet produce bag this Wednesday, December 08th between 12pm and 1pm. Hosted by KRST Unity Center in conjunction with Black Vegan Farmers, The bags are chocked full of fruits, vegetables, and other healthy goodies. If you would like to register for a bag call 323-759-7567 hit extension 101 and leave your name and call back number. You will receive a call confirming your request. No walk ups.. RSVPs only.

And then... the KRST Unity Free Food Thursday—Community Distribution wants to Feed Everyone, so bring your family and friends out to pick up a few things to enhance your meals with assorted food, veggies, breads, salads, sandwiches and fruits. We are here every Thursday from 12 p.m. to 2:00 p.m. and it’s all FREE. Donations are gratefully accepted.

Reminder... We ALWAYS need volunteers for our distribution days. Help is needed to unload the delivery truck, setup tables and tents, bag or box up the food, help with distribution, and then most importantly cleanup and breakdown. If you are available from 9:30 a.m. to 3:00 p.m. Wednesday or any Thursday, please contact Abut Semsut or Rev. Erica Ni Maat Ra. If you can only stay for one hour we can still use you.

Friday night book study update! The current book and instructor will come to an end on December 31st. The new session will begin in January 2022. If you want to take part in the new session, please attend class as they will be voting on new book selections for approval.

The KRST-Christ Candidate: You Choose To Be The One, facilitated by Baba Lalji Selassie teaches the wisdom of the ancients in a course designed to train students in the science of the Self (GOD). The KRST Class takes place every Sunday morning beginning with meditation at 7:00 a.m. The link to the class is located on the KRST Unity website under “reoccurring programs”.

Who has one? The Teachings of PtahHotep, The Oldest Book In the World was a strongly recommended reading and reference book by my many of the scholars during the ASCAC conference. Get yours today here at KRST Unity. It is the wisdom literature of the ancient Kamites. Order your copies TODAY! Drop a note in the chat or send an email to [krstunityoutreach@gmail.com](mailto:krstunityoutreach@gmail.com). The cost is \$18 which includes shipping. You can order with Credit, Check, Cash App or PayPal. Be sure to include your name, address, and contact info. All purchases are tax deductible.

The KRST Unity “Facility Cleanup and Repairs” Go Fund Me campaign is still ongoing. We continue to affirm that we will reach our mark. All it takes is for each and every member to donate just a small amount to the fund. Ask your family and friends to help support this wonderful institution. Our goal is not that difficult to achieve. We want to repair and clean up and restore our Center so that we can reopen. Please go to the KRST Unity website to access the Go Fund me page and make a donation. We wholeheartedly thank each and every person who has made a donation thus far.

The classes we offer here at KRST Unity Center provide participants with the facilitator’s invaluable time, knowledge, and resources. All class and workshop details and times can be found on the KRST Unity website at [www.krstunitycenter.org](http://www.krstunitycenter.org) All classes have a suggested donation of \$10.00 General public; \$5.00 for Active KRST Members. Please support accordingly.

KRST Unity Center is registered with many organizations that give back to us when members make purchases. Ralphs Giving, Amazon Prime Smile, CARS a vehicle donation site. All of these are easy ways to give back to the Center. If you need help please call the office for more details.

WE THANK YOU and appreciate you for being a loyal supporter of KRST Unity Center. We depend solely upon YOU! Please donate regularly, and generously and remember you can always sign up for continuous support. We accept all major credit and debit cards, Cash App, and PayPal for offerings and donations. Thank you for your financial support to this ministry.

**THINK UNLIMITED! THINK UNLIMITED! THINK UNLIMITED**



# The KRST Unity - Meri Ka RA Food Ministry Hosts **FREE FOOD GIVEAWAY**

**WE FEED THE PEOPLE**

**Our Members & Community Are Invited To Join Us  
Receive Fruits, Veggies, & Other Food Items**

**EVERY THURSDAY**

**12 NOON TO 2:00 PM**



No Registration Required  
Just Come On Down!  
**VOLUNTEERS NEEDED**



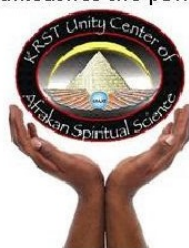
7825 S. Western Ave.  
Los Angeles, CA 90047  
323-759-7567

**RAIN OR SHINE, IT'S TIME TO DINE**

**LET'S KICK OFF THE GIVING SEASON WITH**

## **GIVING TUESDAY**

A global generosity movement that unleashes the power of radical generosity around the world.

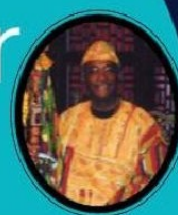


**HELPING OUR CENTER THRIVE**

**DONATE TO SUPPORT  
KRST UNITY CENTER OF  
AFRAKAN SPIRITUAL SCIENCE**  
TO DONATE VISIT  
[www.krstunitycenter.org](http://www.krstunitycenter.org)  
Or call  
323-759-7567

Give Beginning Today & Every Tuesday, Up To Our  
Annual Kwanzaa Celebration Event On  
December 30, 2021

**Together  
we give.**



**UNITY COMMUNITY  
FAMILY  
PURPOSE**

Nov 30, 2021



7825 SOUTH WESTERN AVENUE, LOS ANGELES, CA 90047  
[KRSTUNITYOUTREACH@GMAIL.COM](mailto:KRSTUNITYOUTREACH@GMAIL.COM)  
JOIN US ON ZOOM EVERY SUNDAY @ 10:30AM FOR THE EMPOWERMENT SERVICE





IN PARTNERSHIP WITH BLACK WOMEN FARMERS OF LA  
PRESENTS



DRIVE-THRU **FREE** FRESH PRODUCE GIVEAWAY

**KRST UNITY CENTER  
MERI KA RA FOOD MINISTRY**

**7825 S. WESTERN AVE, LOS ANGELES, CA 90047**

**WEDNESDAY, DECEMBER 08, 2021**

**12-1PM**

**LINE-UP ON 78TH PLACE AT WESTERN AVENUE FACING WEST**

PRE-REGISTRATION REQUIRED / CALL 323-759-7567. PLEASE LEAVE A MESSAGE WITH YOUR NAME &  
TELEPHONE NUMBER. VERBAL CONFIRMATION REQUIRED BEFORE YOU COME FOR A BAG.  
ABSOLUTELY NO WALK-UPS. YOU MUST REGISTER